Recovery Community Pledge

Our Recovery Community Pledge

We know we are in an emotionally and physically safe recovery community when:

- We are building a supportive and safe environment for all children, parents and staff, who make up the recovery community.
- We agree to use respectful language and positive interactions.
- We work to follow through on behavioral expectations, and consistent routines are followed to provide predictability.
- Conflicts arise we commit to working problems out with an assumption of best intentions by all.

Recovery Community’s Pledge to Child Safety

General safety

We know we are in an emotionally and physically safe recovery community for children when:

- Children are wearing appropriate clothing and footwear.
- If children are displaying challenging behaviors; their parents help children deal with emotional stress by using calm voices and gentle touch.
- Adults assure children they can help by asking questions and seeking to understand reasons for children’s feelings and behaviors.
- All members of the community agree to use positive peer interactions and adults use community practices such as community meetings to resolve conflicts.
- Children use their energy to play outdoors or indoors with supervision that ensures physical safety.
- Families are using routines during bedtimes, hygiene practices, mealtimes and playtimes that meet children’s developmental needs.
Safety for kitchen and dining room areas

We know we are in an emotionally and physically safe recovery community for children when:

- Parents are with their children and children are not left alone.
- Parents are interacting with children during mealtimes and children are securely sitting in age appropriate seats, such as high chairs, booster seats and chairs.
- In baby carriers or car seats, babies should not be left anywhere but the floor when inside.
- High chairs and booster seats are used for mealtimes and not used for time-out or punishment purposes.
- All hot food items including liquids (coffee) are out of reach from children’s grasp.

Safety for bedroom areas

We know we are in an emotionally and physically safe recovery community for children when:

- All items that could be a swallowing hazard or safety concern including but not limited to; lighters, cigarettes, small items, make-up, lotions, hair accessories, jewelry, etc. are out of reach from children’s grasp at all times.