

***Who should attend:***

- Residential Program Staff
- Parent Educators
- Social Workers
- Parenting Group Leaders
- Substance Abuse Counselors
- Mental Health Counselors
- Early Intervention Professionals
- Early Childhood & Family Service Agency Professionals

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**DIRECTIONS**

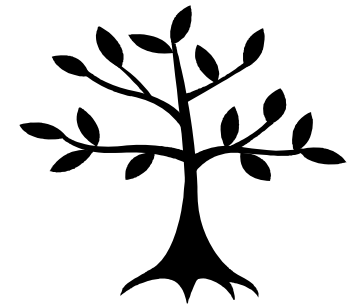
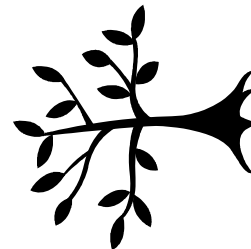
**Wellesley Free Library  
530 Washington Street  
Wellesley MA 02482**

***We strongly suggest you print Internet directions from your location. Below are general directions.***

**From Mass Pike / I-90:**

- Take the I-95 South exit, and drive about 1 mile.
- Take the #22-21B/Route 16 West exit, and take a right onto Route 16/Washington Street.
- Drive about 3 miles (you will pass a smaller, older library branch)
- The driveway to the Library will be on your left (large, new brick building).
- Parking (**free!**) is in back of the building, or below in the garage.
- The training is in the Wakelin Room, which is close to the back entrance of the library.

**Institute for Health & Recovery  
349 Broadway  
Cambridge MA 02139**



# **Nurturing Families Through Recovery**

*A two day intensive training program using the Nurturing Program for Families in Substance Abuse Treatment and Recovery*

***May 19<sup>th</sup> and 20<sup>th</sup>,  
2010***

*At the Wellesley Free Library  
in Wellesley MA*

***Presented by:***  
*Institute for Health and Recovery  
Tel: 617-661-3991  
Fax: 617-661-7277  
CONTACT: Jen Morse  
jenmorse@healthrecovery.org*

## A COMPREHENSIVE PARENTING PROGRAM

For those working with families affected by substance use, mental illness, and trauma, the *Nurturing Program for Families in Substance Abuse Treatment and Recovery* provides a structured program through which parents can explore their own histories, understand forces affecting their families and build skills to help their families recover.

The *Nurturing Program for Families in Substance Abuse Treatment and Recovery* has been used successfully as a component of substance use treatment in both treatment and family service settings. It was chosen by the US Center for Substance Abuse Prevention as a Promising Model Parenting Program. The program focuses on nurturing parents, so they in turn can nurture their children, and build healthy families.

**Preparation of Group Facilitators:** This training provides thorough preparation of group facilitators through knowledge and skill-building.

Principles, philosophy, clinical rationale and techniques will be explored through presentations and interactive activities.

## TRAINING INFORMATION

**May 19:** Check in from 8:30-9:00 am

9:00 am - 4:30 pm

- Relational Principles
- Nurturing Hope
- Human Growth & Trust
- Parenting Development
- Nurturing: Stress Management, Touch, Boundaries

**May 20:** Check in from 8:30-9:00 am

9:00 am - 4:30 pm

- Love, Loss and Healing
- Family Dynamics: Effects of Substance Use on Families
- Facilitation Strategies
- Play in Recovery

**LOCATION:** Wellesley Free Library in Wellesley, MA. **Directions are on back.** Please give yourself plenty of travel time to arrive on time!

**PARKING:** The Library has ample free parking, both outside and garaged.

**CEUs:** This training equals 12 CEU'S for alcohol & drug abuse counselors, social workers, or licensed mental health counselors. **CEU's are \$15 (per person) payable by check or cash at the training.**

**COST:** This training is free to staff of programs funded by Massachusetts state agencies. **For all other participants, call Jen at 617-661-3991 for fee information.**

**FOOD:** Light refreshments are provided in the morning and afternoon, but **lunch is not.** You can bring a lunch, or choose from nearby cafes.

**DRESS:** Casual and comfortable.

## REGISTRATION

Submit to: Jen Morse  
Fax: 617-661-7277

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**I work at a MA state-funded agency:**

- Yes  
 No (ask Jen for fee information)

**I will be attending (check one):**

- Both days  
 May 19 only  
 May 20 only

**I need certificates for:**

- Social Work CEUs  
 Mental Health Counselor CEUs  
 Alcohol/Drug Counselor CEUs  
 Attendance/Completion

**Registration Deadline:  
Friday, May 14th**

Submit form to: Jen Morse  
Fax: 617-661-7277

or email [jenmorse@healthrecovery.org](mailto:jenmorse@healthrecovery.org)